

## Keilor Thunder U8's — Term 1 2023

A plan on expanding and promoting our Junior Domestic competition by introducing our own "U8's" competition. The refined and modified version of the game is a great tool in helping support a pathway from Mini Thunder to a higher standard of U10's Junior Domestic competitions.

U8's competition is aimed at 6,7 & 8 year olds with some minor rule constraints to increase enjoyment, opportunity and development of skills and understanding for all kids involved.

January 30th - March 31st — 8 Week Season

No Training / Game on Labour Day Week (10th, 13th, 15th March)

### **Training**

All trainings are held at Keilor Stadium on Monday or Wednesday afternoons.

- 4:15pm - 5pm (Monday)
- 5:15pm - 6pm (Monday or Wednesday)

You will given a preference on what night when registering.

Each team will assigned a coach that will be responsible for training and coaching on game day. Training sessions will be planned and led by Lead Coaches each week. We will demonstrate each skill / drill when applicable, then players will complete that said drill at their basket with their team coach. This is to ensure we are building up skill level and ticking all boxes in terms of player and coach development each week.

### **Game Day**

Friday afternoon we will host games at Keilor Stadium. Each player is required to wear their uniform and will be coached by their weekly coach. The game will have 1 referee assigned by KBA. Each game will be 2x15 minutes halves with an opportunity for each player to score at Free Throw at Half Time to add to their teams score. A further outline of Game Day rules is attached.

Game Time Slots are below:

- 4:15pm - 5pm
- 5:15pm - 6pm

### **Coaches**

Coaches will be assigned by KBA. Each coach would have been involved with our Mini Thunder, Junior Domestic or Junior Representative programs. Each coach will receive the appropriate training and development throughout the season / year.

### **Management of Teams**

Management of the teams will fall onto Lead Coach Will Scatchard, in terms of if a player cannot attend training or a game, the contact is via email. If movements on game day are needed due to lack of numbers we will ensure it occurs so all kids get a game. As scores and player points are not recorded teams can vary and change week to week. Any concerns or questions are also through myself.

### **Ladder / Scoring System**

We've decided that for our first season we won't be tracking scores or posting them online via PlayHQ. The score will be shown on the scoreboard during the game but no further action will be taken afterwards, meaning we won't be having a ladder. The purpose and intention of U8's is to increase participation and to continue to develop the skills needed to play Junior Domestic.

Each team will be required to provide 1 scorer each game day, this is to control the score board and keep an overall eye on the game. As scores are not being recorded online or kept, no score sheet or laptop is required. A roster / schedule for this will be sent when receiving information about your team. With a maximum of 8 players in a team, each parent will be responsible to score 1 round of the season.

## Cost

The overall cost of the program is \$200 per child. That includes a playing jersey, 1x45 minute training session during the week and a game on Friday afternoons. On top of that fee, a \$29 Basketball Victoria Insurance Fee is required, you will only need to pay this once a year.

Below is the link to register -

<https://www.playhq.com/basketball-victoria/register/d57a2e>

Format	4v4 Full Court 2x 15 minute halves 3-5 minute HT - each player shoots a FT that can +1 to teams overall score
Ball Size	Size 5
Hoop Height	8FT
Scoring	Scores shown on scoreboard Scores not recorded on PlayHQ (team & player)
Fouling	Individual players cannot foul out Players instructed by referee and / or coach upon a foul to educate and instruct
Rule Modifications	Travels & Double Dribble refereed lightly '8 second' backcourt violation moved to '14 seconds' - refereed lightly Steals cannot occur before the player has started dribbled or after they have picked up the basketball — passes and '50/50' balls are fair play Backcourt violation removed (Per U10's By-Laws)
Defence	Match up / person to person defence at all times Half Court defence only — no Full Court pick up Mercy rule upon 10 point advantage — defence moves behind 3PT line.
Referees / Scorers	1 referee per game 1 scoreboard official (allocated by 'home' team) — determined on game day
Ages	Targeted at 6, 7, 8 Year Olds Expression of interest via email for 5 year olds — determined by coaches.
Coaches	Assigned by KBA Coaches are given more sideline / court access to help game flow and give feedback to kids during the game.
Team Names	NBL / WNBL Teams ("Phoenix" / "Boomers")

Uniforms	Keilor Thunder reversible (red & white) Shorts, Leggings or Pants with no pockets. No loose undershirts
Team Allocation	Split up by our Lead Coaches. Friends submission through registrations.
Players per team	5 - 8 players per team - max. 8
Duration	Term 1, 2023 - 8 weeks (Jan 30th - Mar 31st) No Game Labour Day Weekend (March 10th) No Training Labour Day (March 13th & March 15th)
Finals	No Finals for Term 1, 2023 No Ladder
Game Day	Friday - 4:15pm - 5pm <u>OR</u> - 5:15pm - 6pm  Game times can vary from week to week similar to our Junior Domestic competition
Training	Monday or Wednesday - 4:15pm - 5pm <u>OR</u> - 5:15pm - 6pm  Preference on training day / times will be taken into account.  Each team allocated a 45 minute training session once a week  Run by our Lead Coaches — on court with team coach